



The Manor
PREPARATORY SCHOOL

To all Parents

26 September 20011

Dear Parents

Measles

There has been a suspected case of measles in a sibling of a child in Nursery.

The Health Protection Agency has advised me that this poses little risk to anyone at The Manor, but I would like to take this opportunity to remind parents that MMR immunisation is the safest way to protect your child against measles. MMR also protects against mumps and rubella.

To ensure protection, two doses of MMR are required; the first dose is given to children at around 13 months old and they receive their second dose before they start school - usually once they are 3 years and 4 months old.

Measles is highly infectious and can lead to complications such as ear infections, brain damage, pneumonia, fits and even death. It usually starts with a fever, sore eyes, a runny nose, a cough and sometimes white spots in the mouth. The rash appears on the third to seventh days, spreading over four days and lasting for a week; children are likely to away from school for 10 days.

If you think your child may have measles you can call NHS Direct on 0845 4647 or your GP surgery for advice. Please do not send your child back to school until five days after the appearance of the rash.

Parents with unvaccinated children are advised to contact their GP or practice nurse without delay. It is never too late to have your child vaccinated if they have missed one or both of the MMR vaccinations.

More information about MMR can be obtained from:

- www.hpa.org.uk/Topics/InfectiousDiseases/InfectionsAZ/Measles
- www.nhs.uk/conditions/mmr/pages/introduction.

Please do not hesitate to contact me on 01235 858473 or shorrox@manorprep.org if you have any concerns.

Yours sincerely

Sarah Horrox

School Nurse

The Manor Preparatory School, Faringdon Road, Abingdon, Oxfordshire OX13 6LN
Tel: 01235 858458 • Fax: 01235 559593 • email: registrar@manorprep.org • www.manorprep.org

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