



PHYSICAL EDUCATION

11 June 2010

Dear Parents

MOUTHGUARDS

Your daughter will be playing hockey in September and I am writing to advise you that our school policy is that all pupils have a mouthguard for hockey, lacrosse and tag rugby lessons. We are strongly recommending that your child has a custom fitted mouthguard. This is in line with the guidelines set by the ruling bodies of the sports associations.

In order to facilitate this I have arranged for OPRO, the national dental mouthguard association to come into school on the following dates to take impressions for custom fitted mouthguards:

September 7 - This is a teacher training day but we are offering this date to any parents who wish to accompany their child to a fitting. If you wish to make use of this opportunity please contact OPRO direct on 01707 261261 to arrange for a fitting time.

September 9 - Children will be fitted during school time

September 24 - Children will have their mouthguard by this date. OPRO will be available to help with any fitting problems

Please note the following

- If you do not return the 'refusal' slip your daughter will automatically be fitted with a clear/medium weight mouthguard on September 9. Refusal slips must be returned to school by **18 June**.
- Should you wish your daughter to have a design other than medium/clear, please contact OPRO by email at optout@opro.com or by phone on 01707 261261 no later than **August 31**.
- Please do not send any payment at this stage. We will add the cost of the mouthguard to your school bill

I do hope that you are happy with the above arrangements.

Please complete the attached tear-off slip and return to me by Friday 18 June. Should you not wish to have an OPRO mouthguard, we do expect your daughter to be fitted with another mouthguard please.

If you have any questions please do not hesitate to contact me.

Yours sincerely

Angela O' Rourke
Director of Sport
aorourke@manorprep.org



PHYSICAL EDUCATION

Mouthguard Reply Slip

Please return this slip to your daughter's form teacher by Friday 25 June at the latest.

I give permission for my daughter to be fitted with an OPRO mouthguard.

Name of child.....

Class.....

Signed..... Date.....

OR

I do not want OPRO to fit a mouthguard for my child and I will be making alternative arrangements for her.

Name of child.....

Class.....

Signed..... Date.....