



The Manor
Preparatory School

To Parents of Children in Years 3 and 4

Friday 17 April 2020

Dear Parents

Year 3 and 4 PE Remote Learning for the Summer Term 2020

I would like to take this opportunity to explain to you how the PE Remote Learning will work for the Summer Term 2020.

Lesson plans for the week ahead will be uploaded to your child's PE Google Classroom on the Sunday before the week commences. There will be two lesson plans each week, one for Athletics and the other for Cricket.

Year 3 and 4 have two PE lessons per week; on Tuesday, Period 6 and Friday, Period 3. The children can choose which order they do them in, ie. Cricket on a Tuesday, Athletics on a Friday or vice-versa. Those decisions may be dependent upon weather, space and equipment being available at that time.

In addition to these two PE lessons, there is a PE slot on the Year 3 and 4 children's timetables every morning during Period 1. As Joe Wicks proves to be very popular nationwide and beyond, The Manor children can tune in each morning to continue doing this. There will also be alternative physical activities for them to choose to do at this time. All of these activities, including the link to Joe Wicks, can be found in the Links document that will be uploaded to the children's Google Classroom each week, along with the Cricket and Athletics lessons.

I would ask the children to read through their lesson plans at the beginning of the week to gain an understanding of the overall lesson, identify the space they can work in and organise any equipment they will need to get ready. This will save time when they come to actually doing their PE lesson.

The PE lessons take into consideration the limited space that the children may or may not have access to. They have been designed to take place outdoors and indoors, on grass or hard surfaces (such as patios and wooden/stone flooring) and carpets. Within the PE lesson plans, there are suggestions as to what the children could use from around the house as their equipment, ie, socks instead of a ball. It would be great to see how creative the children can be as to what household items can be used for PE!

The daily challenges will continue to be uploaded in the children's PE Google Classrooms and on Twitter too; these can be done during any break or extra-curricular time throughout the day.

Please do keep sending through photos and videos – we really do love to see how the children are getting on!

Yours sincerely

Rhonda Forbes
Director of Sport & Head of Girls' Sport

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