LUNCH



| | | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|---|-----------------|--|--|---|---|---|--|
| | SOUP | Freshly Made Soup & Home Baked Bread with a selection of seeds & toppers | | | | | |
| i | MAIN MEAL | Pasta Bar Ratatouille | Chicken Madras | Roast Gammon | Lemon, Honey & Garlic Chicken Stir Fry | Fish Bar | |
| | MEAT FREE | Roasted Tomato, Basil & Garlic Sauce Three Cheese Sauce | Paneer, Chickpea, Spinach & Coconut Curry | Sweet Potato, Feta & Beetroot Quiche | Pak Choi & Mushroom Stir Fry | Spanakopita | |
| | ON THE SIDE | 50/50 Pasta or Spaghetti, Sweetcorn & Broccoli | Wholegrain Rice, Cauliflower, Green Beans, Nan Bread & Chutney | Roast Potatoes, Carrots, Creamed Leeks & Gravy | Noodles, Corn on the Cob & Savoy Cabbage | Chips, Mushy Peas, Bakec Beans, Peas & Pickles | |
| V | DESSERT | Yoghurt Bar Granola & Toppings | Jelly & Whipped Cream | Boost it Brownie | Vanilla Crunch & Summer Berry Sauce | Ice Cream & Sauces | |
| 1 | MORNING SNACK | Fruit Shortbread | Pizza Pinwheel | Oat Power Bar | Cheese & Crackers | Homemade Cereal Bar | |
| | AFTERNOON SNACK | Flapjack | Ginger Cake | Whole meal Muffin | Filled Rolls | Cookie | |
| | WC 2/6, 23/6 | 6 Reviewed by Holroyd Howe HOLROYD HOWE FEDRE REDEPENDENT MINIS | | | | | |

LUNCH

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|-----------------|--|--|---|--|--|--|
| SOUP | Freshly Made Soup & Home Baked Bread with a selection of seeds & toppers | | | | | |
| MAIN MEAL | Pizza Bar | Piri Piri Chicken | Sausages | Braised Beef Bolognaise | Fish Bar | |
| MEAT FREE | Mushrooms, Pesto, Olives, Pineapple | Bean Taco | Vegetarian Sausages | Sweet Potato, Spinach & Ricotta Lasagne | Green Goddess Galette With Pesto, Feta, Spinach, Courgette & Pepper | |
| ON THE SIDE | Corn on the Cob & Broccoli | Spiced Wholegrain Rice, Green Beans, Roasted Cauliflower, Sour Cream, Guacamole, Salsa, Lettuce & Cheese | Mashed Potato, Carrots, Peas, Gravy & Onion Chutney | Spaghetti, Cabbage & Sweetcorn | Chips, Baked Beans, Peas, Mushy Peas, Curry Sauce & Pickles | |
| DESSERT | Yoghurt Bar Granola & Toppings | Boost It Carrot Cake & Cream Cheese Frosting | Raspberry Ripple Blondie | Mousse | Ice Cream & Sauces | |
| MORNING SNACK | Mini Pastries | Tropical Granola Bar | Oat & Banana Cake | Sausage Roll | Welsh Rarebit | |
| AFTERNOON SNACK | Tray Bake | Whole meal Scone | Filled Wraps | Lemon & Blueberry Crumb Bar | Cookie | |
| WC 9/6, 30/6 | | |) HOWE | wed by Holroyd | Howe | |

Nutrition Team

LUNCH

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|-----------------|--|--|---|---------------|--|----|
| SOUP | | Freshly Made Soup & Home Baked Bread with a selection of seeds & toppers | | | | |
| MAIN MEAL | Jacket Potato Bar Homemade Coleslaw, | BBQ Chicken Fajitas | Lamb Koftas | THEME DAY | Posh Dog | n |
| MEAT FREE | Baked Beans, Tuna, Vegetarians Chilli & Cheese | Halloumi & Pepper Fajitas | Vegetable Tagine | THEME DAY | Vegetarian Posh Dog | |
| ON THE SIDE | Broccoli & Mexican Sweetcorn | Wholegrain Rice, Green Beans & Roasted Cauliflower | Lightly Spiced Cous Cous, Peas & Honey Carrots | THEME DAY | Fries, Baked Beans, Corn on the Cob, Beef Chilli, Crispy Onions & Cheese | |
| DESSERT | Yoghurt Bar Granola & Fruit Toppings | Lemon & Lime Cake | Banana & Chocolate Sponge | THEME DAY | Ice Cream | |
| MORNING SNACK | Fruit & Seed Flapjack | Pizza Baguette Bite | Toasted Teacake | Oat Power Bar | Crackers & Cheese | A. |
| AFTERNOON SNACK | Cheese Scone | Berry Crumb Bar | Filled Wraps | Apple square | Cookie | |

HOLROYD HOWE

Reviewed by Holroyd Howe Nutrition

WC 16/6

Team