## LUNCH



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	SOUP	Freshly Made Soup & Home Baked Bread with a selection of seeds & toppers					
i	MAIN MEAL	Pasta Bar Ratatouille	Chicken Madras	Roast Gammon	Lemon, Honey & Garlic Chicken Stir Fry	Fish Bar	
	MEAT FREE	Roasted Tomato, Basil & Garlic Sauce Three Cheese Sauce	Paneer, Chickpea, Spinach & Coconut Curry	Sweet Potato, Feta & Beetroot Quiche	Pak Choi & Mushroom Stir Fry	Spanakopita	
	ON THE SIDE	50/50 Pasta or Spaghetti, Sweetcorn & Broccoli	Wholegrain Rice, Cauliflower, Green Beans, Nan Bread & Chutney	Roast Potatoes, Carrots, Creamed Leeks & Gravy	Noodles, Corn on the Cob & Savoy Cabbage	Chips, Mushy Peas, Bakec Beans, Peas & Pickles	
V	DESSERT	Yoghurt Bar Granola & Toppings	Jelly & Whipped Cream	Boost it Brownie	Vanilla Crunch & Summer Berry Sauce	Ice Cream & Sauces	
1	MORNING SNACK	Fruit Shortbread	Pizza Pinwheel	Oat Power Bar	Cheese & Crackers	Homemade Cereal Bar	
	AFTERNOON SNACK	Flapjack	Ginger Cake	Whole meal Muffin	Filled Rolls	Cookie	
	WC 2/6, 23/6	6 Reviewed by Holroyd Howe HOLROYD HOWE FEDRE REDEPENDENT MINIS					

## LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
SOUP	Freshly Made Soup & Home Baked Bread with a selection of seeds & toppers					
MAIN MEAL	Pizza Bar	Piri Piri Chicken	Sausages	Braised Beef Bolognaise	Fish Bar	
MEAT FREE	Mushrooms, Pesto, Olives, Pineapple	Bean Taco	Vegetarian Sausages	Sweet Potato, Spinach & Ricotta Lasagne	Green Goddess Galette With Pesto, Feta, Spinach, Courgette & Pepper	
ON THE SIDE	Corn on the Cob & Broccoli	Spiced Wholegrain Rice, Green Beans, Roasted Cauliflower, Sour Cream, Guacamole, Salsa, Lettuce & Cheese	Mashed Potato, Carrots, Peas, Gravy & Onion Chutney	Spaghetti, Cabbage & Sweetcorn	Chips, Baked Beans, Peas, Mushy Peas, Curry Sauce & Pickles	
DESSERT	Yoghurt Bar Granola & Toppings	Boost It Carrot Cake & Cream Cheese Frosting	Raspberry Ripple Blondie	Mousse	Ice Cream & Sauces	
MORNING SNACK	Mini Pastries	Tropical Granola Bar	Oat & Banana Cake	Sausage Roll	Welsh Rarebit	
AFTERNOON SNACK	Tray Bake	Whole meal Scone	Filled Wraps	Lemon & Blueberry Crumb Bar	Cookie	
WC 9/6, 30/6			) HOWE	wed by Holroyd	Howe	

**Nutrition Team** 

## LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
SOUP		Freshly Made Soup & Home Baked Bread with a selection of seeds & toppers				
MAIN MEAL	Jacket Potato Bar Homemade Coleslaw,	BBQ Chicken Fajitas	Lamb Koftas	THEME DAY	Posh Dog	n
MEAT FREE	Baked Beans, Tuna, Vegetarians Chilli & Cheese	Halloumi & Pepper Fajitas	Vegetable Tagine	THEME DAY	Vegetarian Posh Dog	
ON THE SIDE	Broccoli & Mexican Sweetcorn	Wholegrain Rice, Green Beans & Roasted Cauliflower	Lightly Spiced Cous Cous, Peas & Honey Carrots	THEME DAY	Fries, Baked Beans, Corn on the Cob, Beef Chilli, Crispy Onions & Cheese	
DESSERT	Yoghurt Bar Granola & Fruit Toppings	Lemon & Lime Cake	Banana & Chocolate Sponge	THEME DAY	Ice Cream	
MORNING SNACK	Fruit & Seed Flapjack	Pizza Baguette Bite	Toasted Teacake	Oat Power Bar	Crackers & Cheese	A.
AFTERNOON SNACK	Cheese Scone	Berry Crumb Bar	Filled Wraps	Apple square	Cookie	

HOLROYD HOWE

Reviewed by Holroyd Howe Nutrition

WC 16/6

Team