

Fresh fruit is available at all sittings

LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Freshly Made Soup & Home Baked Bread with a selection of seeds & toppers				
MAIN MEAL	Pasta Bar Meatballs in Tomato Sauce	Lamb Rogan Josh	Beef & Vegetable Pie	Teriyaki Chicken Stir Fry	Fish Friday
MEAT FREE	Creamy Cheese & Chive Sauce Smoked Salmon & Pesto Sauce	Cauliflower & Chickpea Balti	Homity & Cannellini Bean Pie	Mushroom, Garlic & Pepper Stirfry	Creamy Tuscan Bean Gnocchi
ON THE SIDE	50/50 Pasta, Sweetcorn & Broccoli	Rice, Nan Bread, Corn on the cob, Parsnips	Roasted New Potatoes, Peas & Carrots	Noodles, Roasted Cauliflower & Green Beans	Chips, Baked Beans, Peas & Tartare Sauce
DESSERT	Yoghurt Bar Fruit Compote & Granola Toppings	Apple, Rhubarb & Ginger Crumble & Custard	Sweet Potato Brownie	Lemon Scone, Homemade Raspberry Jam & Cream	Sliced Fruit
MORNING SNACK	Toasted Teacakes	Banana & Chocolate Plait	Smoothie	Date Krispy Roll	Cheese & Crackers
AFTERNOON SNACK	Oat & Date Power Bar	Crudities, Breadsticks & Dips	Pizza Bread	Filled Rolls	Chocolate Pinwheel

WC 23/2, 16/3

Fresh fruit is available
at all sittings

LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Freshly Made Soup & Home Baked Bread with a selection of seeds & toppers				
MAIN MEAL	Creamy Chicken Curry	Pizza Bar	Butchers Pork Sausages	Hoi Sin Beef	Fish Bar
MEAT FREE	Paneer, Chickpea & Spinach Curry	Pineapple, Pepperoni, Pesto, Mushrooms & Crispy Onions	Vegetarian Sausages	Mushroom, Pepper & Pak Choi Stir Fry	Bean & Cheese Burrito
ON THE SIDE	Rice, Green Beans, Roasted Cauliflower & Nan Bread	Grain Salad, Corn on the Cob & Roasted Root Vegetables	Mashed Potatoes, Carrots, Cabbage & Gravy	Noodles, Broccoli & Parsnips	Chips, Baked Beans, Peas
DESSERTS	Yoghurt Bar Fruit Granola & Compotes	Tropical Fruit Crumble & Custard	Jelly & Whipped Cream	Fruit Salad	'Pan-cake' & Toppings
MORNING SNACK	Crumpet	Smoothie	Cheese & Crackers	Cheese & Bean Focaccia	Potato Rosti
AFTERNOON SNACK	Oat Power Bar	Filled Wraps	Crudities, Tortilla Chips & Dips	Lemon Biscuit	Pesto Pinwheel

WC 2/3, 23/3

Fresh fruit is available
at all sittings

LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Freshly Made Soup & Home Baked Bread with a selection of seeds & toppers				
MAIN MEAL	Pasta Bar	Hunters Chicken	Roast Gammon	THEME DAY	Fish Bar
MEAT FREE	Beef Ragu Bean Ratatouille	Aubergine Parmigiana	Squash, Leek & Sage Crumble	THEME DAY	Creamy Spinach & Brie Gnocchi
ON THE SIDE	50/50 Penne or Spaghetti Sweetcorn Broccoli	New Potatoes, Cauliflower & Green Beans	Roast Potatoes, Peas, Carrots & Parsnips, Gravy	THEME DAY	Chips, Bakes Beans, Peas & Tartare Sauce
DESSERT	Yoghurt Bar Fruit Granola or Compote	Banana Granola Bar	Fruit Salad	THEME DAY	Chocolate Rice Pudding
MORNING SNACK	English Breakfast Muffin	Fruit Loaf	Cheese & Bean Pinwheel	THEME DAY	Toasted Bagel
AFTERNOON SNACK	Savoury Biscuit	Crudities, Breadsticks & Dips	Filled Baguette	THEME DAY	Krispy Date Roll

WC 9/3